

Collaborative Education Series

On-Demand: Kinesiology Tape and Its Applications

MaineGeneral YouTube

'On-Demand' Presentation

Audience: AT's, PT's, OT's,
other medical professionals
and students.

Date: On-Demand

Time: On-Demand

Tuition:
\$15.00

For Registration:

[CLICK HERE](#)

We will send you the YouTube link to the email you registered with once your registration has been processed

Completion of the Course Evaluation form is required before CEU certificates will be awarded! Evaluation link is located in the YouTube video description.

Please contact **Steve Tosi** with any questions.

Steve.tosi@mainegeneral.org

Marketing and registration also located on BOC website

Search for P2258

CAT A Presentation

Program Date: June 1, 2023
Release as On-Demand Date: June 7, 2023
Expiration Date: June 7, 2026

Presenters:

ON-DEMAND- **Christopher O'Toole, ATC, CSCS** Colby College Sports Medicine

- For the last decade or more athletes of all levels have used kinesiology tape (KT tape) to treat, manage, or help prevent injuries. From professional athletes to weekend warriors, kinesiology tape is a widely available resource with many benefits for both chronic and acute injuries. However, most medical professionals, including athletic trainers, do not have the necessary training to apply this tool correctly for specific conditions and are missing the potential benefits kinesiology tape may provide for their patients.

-By participating in this program, athletic trainer will be able to identify conditions or injuries that would benefit from the use of kinesiology tape. The athletic trainer will be able to utilize the proper application of kinesiology tape to aid in the treatment and management of specific sports injuries, and create a plan of care, which includes the use of kinesiology tape to help meet the patient's goals.

Objectives:

- Express a working knowledge of the history of kinesio tape.
- Identify the different kinesio tapes available and its uses.
- Demonstrate practical application of kinesio tape.
- Perform advanced applications of kinesio tape.
- Apply the use of kinesio tape to a number of the most common conditions.

To view all our BOC On-Demand Programs:

SCAN



For AT's, PT's, OT's EMT's, MA's



According to the education levels described by the PDC, the following continuing education course is considered to be **Advanced**.

Credits awarded:

CEU's awarded: 1.5 CAT A CEUs

MaineGeneral Medical Center (BOC AP#: P2258) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of (1.5) CAT A CEUs. ATs should claim only those hours actually spent in the educational program.

Cancellation and Refund policy:

It is our priority at MaineGeneral Medical Center to provide quality Continuing Education. For certain events, a fee will be collected during pre-registration or at the event. This fee will be refunded in the event that the course is cancelled or is unable to take place. As part of our policy, we recognize that unforeseen circumstances can occur. Therefore, a refund will be granted to individuals who pre-register but are unable to attend the course.

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